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How to Use This Guide

Nobody wants to live with rats. If you have rats, or received a notice from the City of Cambridge that rats were found on your property, this guide is for you.

To use this guide:

1. Follow the steps to find and control rats – or hire a good pest control company to do it.
2. When you hire a pest control company, show them this guide and ask them to use it.
3. Rats are a community problem. Show this guide to your neighbors, tenants or landlord.
4. If you have questions or would like more copies, call the Rodent Hotline (617-349-4899) or email rodents@cambridgema.gov.

How Cambridge Inspects for Rats

The City of Cambridge inspects private and public properties for rats. The Inspectional Services Department (ISD) will inspect on private property upon receipt of a complaint and the Department of Public Works (DPW) will inspect parks and other public properties. The property will fail an inspection if any of the following signs are found:

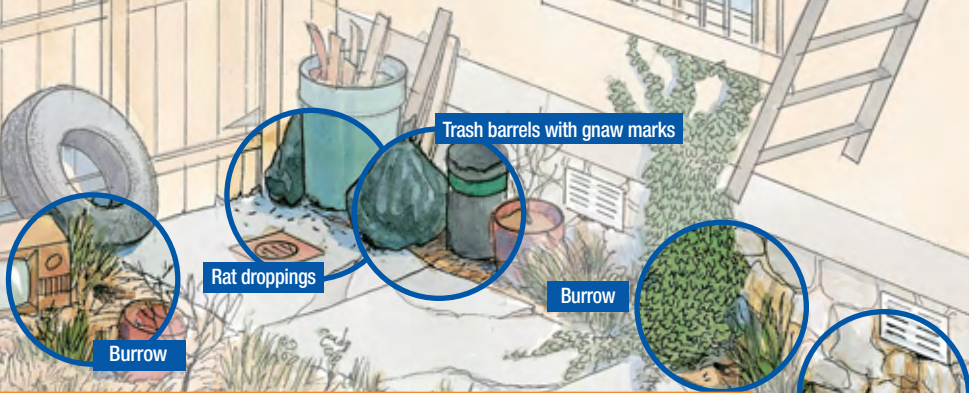
- Live rats
- Rat droppings
- Burrows (places where rats live)
- Gnaw marks from rats' teeth
- Tracks or runways, such as rub marks or flattened paths outside burrows
- Excessive garbage or clutter that give rats a place to hide

Property owners who fail an inspection will receive a citation and a copy of the inspection report in the mail. Owners will have five days to correct the problem. Violations that are not corrected in the allotted time will be placed in court.

How to Control Rats

To control rats, you have to remove everything they need to survive: food, water, shelter and ways to get around.

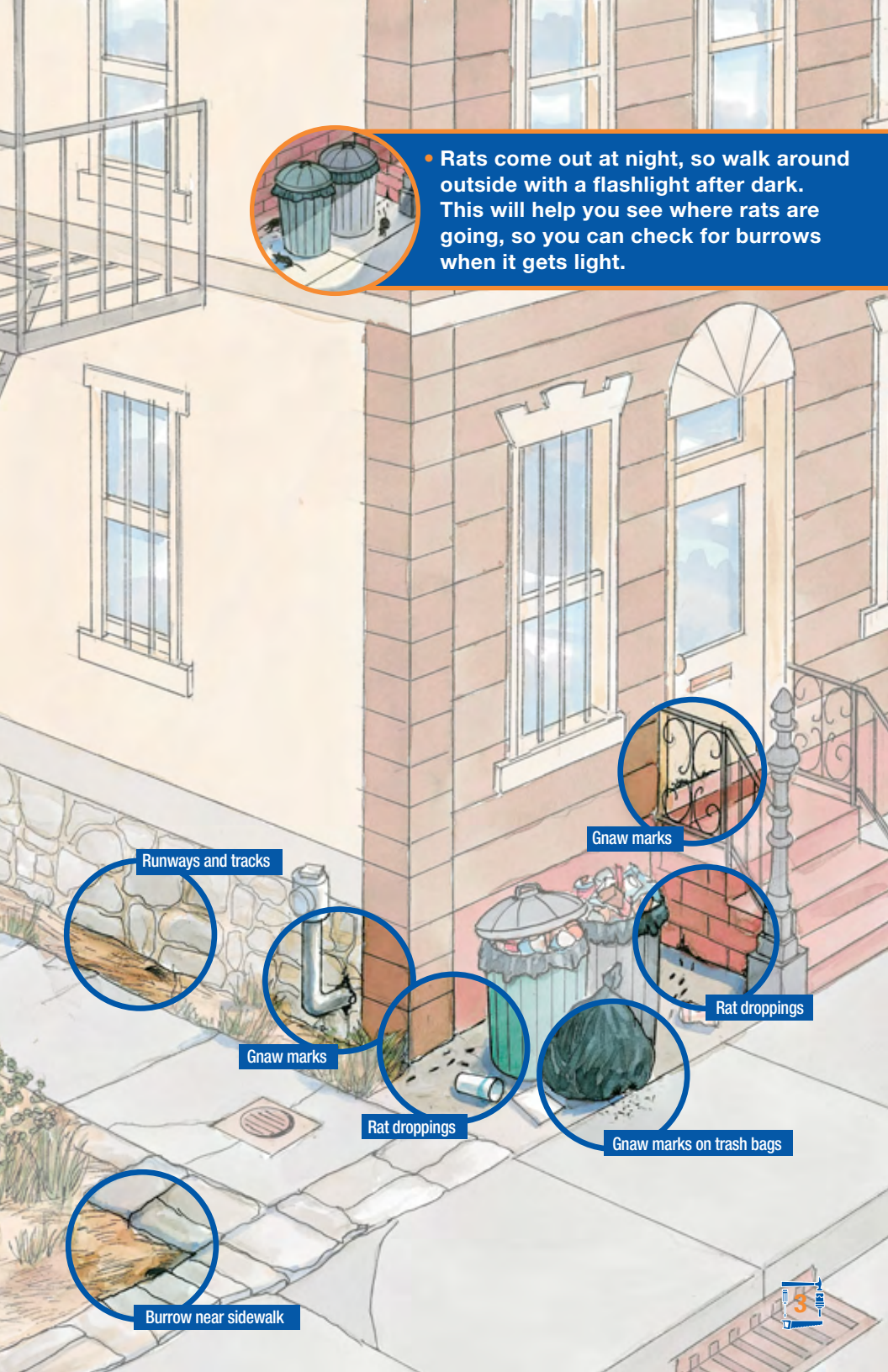
Step One: Look for Evidence



- Look for places where rats live. Most rats live in nests or burrows. Burrows are holes in dirt or concrete from one to four inches wide, with smooth edges. Burrows can be found under bushes and plants. They will often have an entrance and exit hole.
- Look for droppings. They are often found close to garbage. If they're moist and dark, it's a sign that rats are in the area.
- Look for holes and gnaw marks on wood and plastic trash barrels.
- Check walls and grass for signs of runways. Rats run along the same path many times a day, leaving dark greasy track marks along walls and worn down paths in grass.



- Rats come out at night, so walk around outside with a flashlight after dark. This will help you see where rats are going, so you can check for burrows when it gets light.



Runways and tracks

Gnaw marks

Gnaw marks

Rat droppings

Rat droppings

Gnaw marks on trash bags

Burrow near sidewalk

Step Two: Clean Up

Wash Away Droppings and Track Marks

Rats communicate and attract each other through their urine and droppings.

- Sweep up droppings and clean up dark greasy track marks. Wash down the area with water and a mild bleach solution (one part bleach, 10 parts water).
- Talk to your neighbors and work together to clean up, so rats don't move from one place to another.

Get Rid of Clutter

Clutter gives rats lots of places to hide, sleep, nest and reproduce.

- Remove (and recycle) piles of newspapers, paper bags, cardboard and bottles.
- Clear out your basement and yard.
- Store items away from walls and off the ground.



Control Weeds, Shrubs and Bushes

Rats are often found in burrows under bushes and plants.

- Keep tall grass, bushes, shrubs and mulch away from building foundations. Pull out ivy around burrows.
- Keep ground bare six inches from buildings, and trim under shrubs.
- Make space between plants and avoid dense planting.
- Keep gardens free of weeds and trash.



Step Three: Starve Them

Rats only need one ounce of food each day. Don't make your garbage their food.

Manage Your Garbage

- Bring trash barrels to the curb as close to pick-up time as possible (7 a.m.). Leaving bags outside overnight invites rats.
- Recycle as much as possible to reduce trash.
- Make sure you have enough trash barrels with tight lids to hold trash during the week between pickups.
- Use hard plastic or metal trash barrels with tight fitting lids. Look for gnaw holes.
- Insist that tenants put garbage inside trash barrels.

Keep Food Away

- Keep all food in tightly sealed containers.
- Don't put food out for stray cats, pigeons, or squirrels.
- Put bird food in feeders only, and don't overfeed. Store seeds in containers with tight lids.
- Compost properly. Visit www.cambridgema.gov/theworks for guidelines.



Step Four: Shut Them Out

Rats chew holes into buildings, and can squeeze through cracks and holes as small as a half inch. To keep rats out for good, seal all holes and cracks in foundations, walls, floors, underneath doors and around windows. Most repairs can be done by maintenance staff, superintendents, home maintenance repair people, or pest control professionals. Materials are inexpensive and available at most hardware stores.

A rectangular piece of perforated sheet metal with a grid of small holes.

Sheet metal

A long, narrow metal strip with a row of bristles along one edge and a mounting flange on the other.

Metal door sweeps

A red and yellow caulking gun with a long nozzle and a trigger mechanism.

Caulking gun

A yellow bucket of roof cement with a black handle and a metal trowel with a black handle.

Roof cement and trowel

A pair of red-handled tin snips cutting through a piece of metal lathe mesh.

Tin snips and metal lathe

Seal Cracks and Small Holes

- Seal cracks and small holes with caulk. Or use roofing cement – it's durable and easily applied with a caulking gun.
- Close gaps under doors with rodent-resistant metal door sweeps.
- Close window gaps with metal flashing.
- Put screens on vents, especially on lower floors.



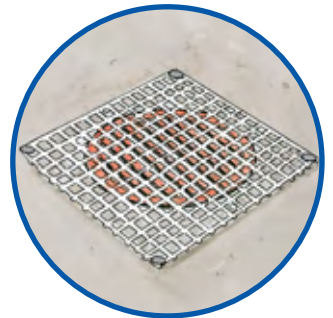
Fill Large Gaps and Holes

The way to close large gaps and holes depends on the building material and amount of space behind the hole.

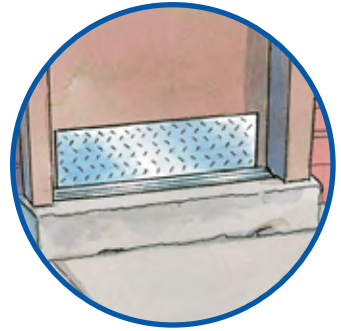
- Use mortar or ready-mix cement to fill gaps and holes in cement and stone foundations. Cover large holes with metal lathe or screening, then seal with mortar or cement.



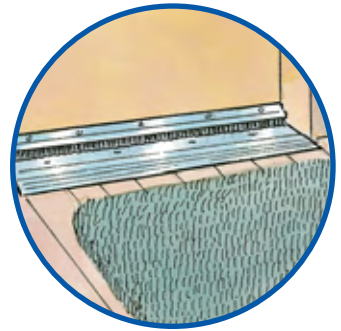
- Cover floor drains and vents with heavy-duty metal screening, secured with masonry nails or cement.



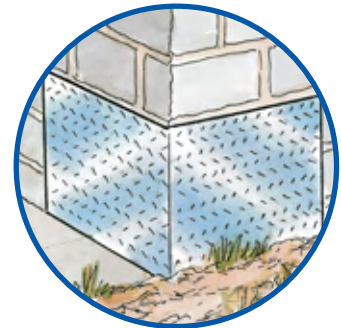
- Install sheet metal kick plates on the lower exterior of doors where rats have been gnawing or entering the building. Install metal thresholds underneath.



- Use door sweeps to keep gaps under doors smaller than a quarter inch.



- Consider installing heavy gauge sheet metal between foundations and the ground.



- Seal pipes leading into walls with escutcheon plates (“pipe collars”). Check pipes regularly for leaks.

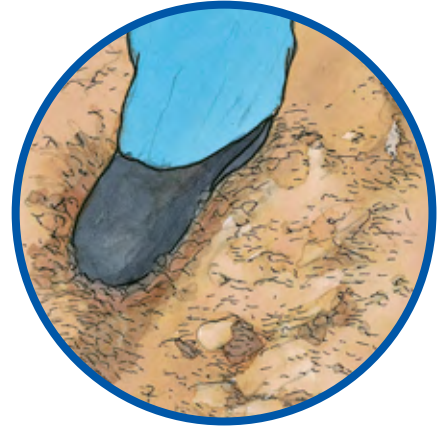


Close Inactive Burrows

An inactive burrow will often have leaves, cobwebs or other debris around the entrance. These burrows should be closed so rats can't get back in.



- Close burrows in soil by filling with soil and tamping down with a shovel, or by stepping on them.



- Close burrows in cracked or broken sidewalks with metal filler and cement.



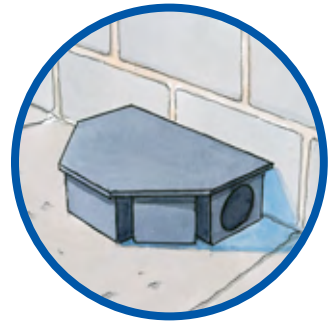
Step Five: Wipe Them Out

Rodent Baiting

Rodent bait is an effective way to wipe out rats. But applying these poisons is a job for professionals. If you live in your own home, which has no more than two other units besides yours (up to three units total), the law allows you to place rodent bait yourself. But commercial and multi-unit property owners must hire a pest control company – *it is against the law for them to place their own bait.*

Make sure your pest control company follows these guidelines:

- Always read and follow the manufacturer’s label, and use the smallest effective amount of bait.
- Use disposable gloves when handling bait and wash your hands afterwards.
- Use secured bait chunks (called bait “blocks”) inside tamper-resistant bait stations. Secure or anchor bait stations to the ground or fence with cement, caulk or wire.
- Place bait stations on the same path as rats normally travel – often along building walls and fence lines. Since rats always travel on the same path, they’re more likely to eat from stations along it.
- Use a funnel to place loose pellet bait into burrows. This will help ensure pellets are placed deep into the burrow, so rats can’t push them out. Do not use bait blocks in burrows.
- Bagged bait should not be used in burrows or bait stations. Rats can push or carry them out of burrows or stations, where children, pets or wildlife can get to them.



- Store and place bait stations where children and pets can't get to them.
- Never use a product that doesn't have a U.S. Environmental Protection Agency (EPA) Registration Number.
- Replace bait after it's been eaten. Leave bait stations and bait in place for at least two weeks after all rat activity has stopped. Monitor on a monthly basis.
- Never use Tres Pasitos or other illegal bait products.



For more information about pesticides, call the National Pesticide Information Center at (800) 858-7378.

Choosing and Working with a Pest Control Company

Not all pest control companies are well-trained in managing rats. To get rid of rats, you must choose the right company, be clear about what you want done, and monitor performance.

How to Find the Right Company

Ask Around and Interview Companies

- Ask your neighbors and friends for referrals.
- Look in the phone book and online for “integrated pest management” services. These companies are more likely to inspect, monitor and make recommendations and repairs.
- Interview companies. Ask for references, including previous customers.
- Make sure the company is licensed with Massachusetts Department of Agricultural Resources (MDAR). To check, call (617) 626-1720 or visit www.mass.gov/agr/pesticides/licensing.

A good company will...

- Inspect your property before giving you a price quote.
- Give you a written inspection report and an action plan.
- Base quotes on inspection findings, not flat fees. The cheapest services are rarely the best.
- Make referrals for structural repair, if required.
- Visit often until the job is done.
- Put bait in tamper-resistant containers.
- Employ qualified, well-trained exterminators.
- Educate you on how to prevent rats.
- Work with you until rats are gone.

Work Together

- Walk around with the pest control professional during each visit, and keep track of work.
- Agree on a service plan and cost.
- Follow-up on referrals and recommendations.





Myths and Facts About Rats

- 1. Myth:** Rats the size of cats live in Cambridge.
Fact: Most rats in our area weigh no more than one pound. When a rat is scared, it will fluff up its fur and look bigger, to scare away its enemies.
- 2. Myth:** “Rat cities” are in our sewers and subway system.
Fact: Only small pockets live in sewers and subways. Most rats live in burrows at ground or basement level.
- 3. Myth:** City rats are “immune” to poison.
Fact: Today’s poisons work fine – but only if rats eat them. When garbage is easily accessible, rats don’t take the bait.
- 4. Myth:** More than one kind of rat lives in Cambridge.
Fact: Only the Norway rat lives here. It varies in color and size, depending on how old it is and where it lives. As a result, people call it different names (city rat, brown rat, sewer rat, wharf rat, river rat, alley rat, house rat). It’s all one species.
- 5. Myth:** Cats, dogs, hawks, skunks, possums, and other animals help control city rats.
Fact: They may kill an occasional rat, but they can’t keep up with rats’ rapid breeding rates. Only people can make a difference!



Report rat activity or for more information
617-349-4899 or rodents@cambridgema.gov
www.cambridgema.gov/rodents

Special thanks to the NYC h
of Health & Mental Hygiene.

