

COA Meeting Notes

April 12, 2023

Earl called the meeting to order at 10am. Members present: Earl Pearlman, Peg Nogueira, Carol Kotros, Diane Howell, Dona Son, Phil Cieply, Ann Vandersluis and Director, Amy Wilson-Kent. Also present: Betsy Edsall, Friends' Vice President and Alejna Brugos, Select Board/COA liaison.

The meeting was being recorded so we introduced ourselves with our titles.

The Secretary and Treasurer's reports were unanimously approved. Amy gave a brief Director's report with the rest interspersed throughout. Regarding the building: a new kitchen faucet was installed because the old one had rotted; the Fly the Flag program funded by the Friends is underway; the Grafton Job Corp will be at the center on Friday, April 21, for clean-up, edging and bark mulch along with Beautification member, Warren Goodnow, and new member, Mark Cleverdon; the van will be going in for service next week; Amy will be taking a couple of vacation days next week.

Tri-Valley Report—Dona Son had no report this month.

Friends' Report—Betsy Edsall gave the report: they met on Monday, April 10, and currently have 72 dues paying members; some monies were transferred from the van account to a CD with 4% interest; they are waiting for approval from the town to hold a 50/50 raffle along with gift baskets to raffle as well; they are considering participating in the Blackstone/Mendon Lions Club Fair at Daniels Farm; they are preparing for the Progressive Yard Sale on June 10; Lunch Bunch is going to Jr's Diner in Milford on April 19 and King Street Café in Franklin in May; the Trip Committee has planned three trips, the first one on June 23 is a Long Island Lighthouse Cruise and dinner; the van will be available on May 7 for those wishing to attend the Greater Milford Chorus; scholarship requirement and application forms have been delivered to BVT and Nipmuc H.S.

Old Business

Food Pantry Update—notices were given to clients that we need to cut down on deliveries; they are encouraged to come in on the first Friday by appointment to do their own shopping; or we will still fill their order as long as they can pick it up and those without transportation can still have delivery. This Friday there are 13 clients or caretakers coming in by appointment.

Senior Center Expansion-ATM Warrant—Phil reported that he met with original designers, the Select Board and other members of town government and things are moving forward; the ATM warrant on May 5 will have an article for voters to approve \$30,000 for detail engineering and building design; there is \$8,000+ in the previous engineering budget to be utilized.

FY24 Budget Update—FinCom hasn't approved it yet but we don't anticipate any problem as we asked for the same as previous years.

MCOA Conference—April 26, 2023—Amy checked with everyone who is going to make sure everything is on track.

New Business

Senior of the Year—Amy submitted to local papers, Facebook and Post Office that we are accepting nominations until June 1.

Program Review—the grant funded Fun & Functional Fitness program begins on Monday, May 1; Qigong will be ending on May 3; Tues and Thurs fitness classes are going well; evening yoga started on Tues, April 11; the VNA nurse who does blood pressures at the center told Amy about a fall risk assessment program which Amy will look into further; Amy and Janet are looking into Mass Health training; Amy is advertising for more senior workers for the tax abatement program; a massage therapist contacted Amy about coming to the center for a "Sound Bath" program which provides vibrations all around the body, Earl suggested we invite her to come to a COA meeting first since we have several questions; AAA is coming sometime to talk about the real ID; Elder Law Education program on Wed, May 31; in addition, Amy talked about several possible programs we could consider.

Friends Yard Sale—June 10, 2023

Open Forum

Peg reminded that they will be writing invitations for the May 17 Volunteer Appreciation tomorrow at 10am.

Next meeting May 10, 2023 (Chief Kurczy re: speed limits)

Meeting adjourned at 11am.

Respectfully submitted,

Ann Vandersluis, Secretary