



# Medical & Emergency Information

| List at least two persons to contact in case of emergency - Someone who will be available to pick up your child<br>ONLY THOSE LISTED ON THIS FORM WILL BE AUTHORIZED TO PICK UP YOUR CHILD ABSENT OTHER WRITTEN NOTIFICATION |       |         |                       |
|--|-------|---------|-----------------------|
| Name   | Phone | Address | Relationship to child |
|  |       |         |                       |
|  |       |         |                       |
|  |       |         |                       |

## Medical Information

The Mendon Parks Dept. is committed to providing a safe and accessible program for all children. Persons with disabilities are welcome to participate in all programs that are compatible with their interests and abilities.

While every effort will be made to accommodate participants

this program is only a municipal recreation program and our resources are limited.

Activities are conducted outdoors in a group setting and there is limited one-on-one support provided.

**All requests for ADA accommodations must be discussed in advance with both the Parks Director and Rec Program Director.**

Does your child have any condition (e.g. mental, physical, emotional or medical) which might affect their health or well-being, the well-being of others, or affect their ability to engage in any activities? (If so, please explain) Are there any limitations on their ability to participate in our activities? (If so, please describe, including any adaptations or modifications that may be necessary)

**Please Note: Rec. Program staff is NOT able to provide personal care/toileting assistance.**

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## Kids 'N Us Rules and Policies

### Age Range and Behavioral Expectations

The Kids 'N' Us Rec program is open to children ages 5 through 14. Your child is expected to participate in all activities and conduct themselves in an appropriate manor at all times. The focus of this program is ACTIVE recreation and there will be minimal time spent indoors.

**Participants whom are unable to meet the following guidelines  
will be removed from the program without a refund**

**All program participants MUST:**

- Meet all prerequisites for the program and follow policies outlined on this registration form.
- Cooperate with other participants/staff and participate in group activities
- Respect others and maintain self-control:  
(listening & following directions, using appropriate language, keeping hands and feet to self)
- Stay with the group at all times
- Be able to maintain personal care without the support of Rec Program Staff  
(Child must be capable of using the bathroom and changing their clothes without assistance)

**Initial:** \_\_\_\_\_

## Attendance & Illness Policy

**All payments are FINAL and NON REFUNDABLE.** Issues with extended absences or extenuating circumstances will be referred to the Parks Commission for review.

**Please notify us in advance if your child will be late or picked up early.**

Initial: \_\_\_\_\_

### Field Trips

All field trips are included in the cost of attendance. Attendance is mandatory on field trip days. Transportation will be provided by a licensed transportation company. Field trips may be re-scheduled or postponed due to weather. The final dates for field trips will be confirmed one week prior and permission slips will be sent home.

Initial: \_\_\_\_\_

### Late Pick-up Policy

**The Kids 'N' Us Recreation program ends at 5pm.**

Please ensure that you or an authorized person is able to pick up your child promptly at 5pm.

If, for any reason, your child is not picked up by 5pm you will be charged a late fee.

**Rec Program staff WILL NOT transport participants in their own private vehicles**

| <u>1<sup>st</sup> Offense</u>                           | <u>Subsequent Offenses:</u> |
|---|-----------------------------|
| 5:00pm-5:15pm – Written Warning<br>After 5:15 – \$1/min | \$1/min after 5:05pm        |

**All late pickup fees must be paid in full before your child may return to the program**  
**Repeated late pickups may result in removal from the program**

I understand the Kids 'N Us Recreation Programs late pick up policy and agree to pick up my child by **5pm** and/or pay any applicable fees according to the charges listed above.

Initial: \_\_\_\_\_

### Food & Beverage Policies

Please send your child with a morning snack. Afternoon snack is included for free.

Lunch may be purchased from the Snack Shack for \$5 or brought from home. Children will be allowed to purchase **one** additional lunch item and **one** additional snack item from the Snack Shack. Please do not send your children with large amounts of money, as they will be unable to make additional purchases.

***Snack and Lunch options are outlined on the last page of this packet***

**My child has a food allergy. (Specify: \_\_\_\_\_) Yes \_\_\_ No \_\_\_**

Initial: \_\_\_\_\_

### Publicity Waiver

We may take pictures/video of your children for publicity purposes. We **will not** post your child's name or identifying information along with these photos/videos.

I give my consent for the Mendon Parks Dept. and Town of Mendon to use and publish photos or videos of my child in print, on their website or social media outlets.

Yes \_\_\_ No \_\_\_



[www.facebook.com/KidsNUsRecreationProgram](http://www.facebook.com/KidsNUsRecreationProgram)

Initial: \_\_\_\_\_

## Swimming Policies

In accordance with Christian's Law (MLG ch. 111, §127A½) we will categorize your child's swimming ability to identify "Non-Swimmers\*" and/or "At-Risk-Swimmers" to ensure everyone's safety. In addition, Coast Guard approved PFD's (Personal Flotation Devices "Lifejackets") may be used by any program participants if desired\*\*.

**PLEASE NOTE: The Mendon Town Beach DOES NOT allow other flotation devices (water wings, noodles, etc.) other than Coast Guard approved devices.**

*\*a "non-swimmer" is someone who is unable to complete Level 3 of the Red Cross' Swim Lesson Program.*

**Please review the following chart and select the appropriate category.**

Any child wishing to swim to the "Far Dock" will also be asked to complete a basic swim test to ensure their abilities. *(Swim out to dock, tread water, and swim back)*

| <b>RED<br/>"Non-Swimmer"</b>  | <b>YELLOW</b>  | <b>GREEN*</b>  |
|---|--|--|
| My Child <b>MUST</b> wear a PFD at all times while in the water.  | My child is <b>NOT</b> required to wear a PFD  | My child is <b>NOT</b> required to wear a PFD  |
| My Child must stay close to shore (Water less than 5 feet deep)   | My Child must stay close to shore (Water less than 5 feet deep)  | My Child has my permission to swim to the "Far Dock". (PFD's are not allowed & water is 8-14ft deep) |
| <b><u>Please supply your child with a PFD/Lifejacket</u></b><br><i>**We have a very limited number of PFD's available for those who may be unable to provide their own.</i> | <b>*Regardless of your choice, our lifeguards will verify your child's abilities by performing a basic swim test on your child's first day</b> |  |

Initial: \_\_\_\_\_

## Sunscreen Policy

We recommend ALL children wear sunscreen rates SPF30 or higher. Sunscreen should be applied in the mornings before your child arrives. In addition sunscreen should be re-applied before afternoon swim time with minimal staff assistance if required.

**Please send your child with their own bottle of sunscreen.** (and write their name on it!)

I have read the Sunscreen policy and give permission for the Kids 'N Us recreation staff to help apply sunscreen to my child.

Initial: \_\_\_\_\_

## What to Bring:

- **SUNSCREEN!!!**
- Sneakers/closed toed shoes appropriate for outdoor play
- Bathing Suit & Towel
- A refillable water bottle (we have a water cooler for refills)
- AM Snack & Lunch (if not purchasing for \$5)

Children should also refrain from bringing electronic devices to camp.

*Devices that are used for communication purposes are acceptable, but should be stored and only used in cases of emergency or with counselor approval.*

During the day we can be reached at the following contacts:

**Phone:** (508) 473-1771 **OR** (774) 481-1321 • **Email:** [kids@mendonma.gov](mailto:kids@mendonma.gov)

Initial: \_\_\_\_\_

# General Liability Waiver

I, the parent and/or legal guardian of \_\_\_\_\_ (**name of child**), a minor child, understand that the Mendon Parks Department and its staff members make every effort to conduct safe programs, events and activities, to orient and support children, and to inform families of inherent risks. Some programs, events and activities may involve risks that children do not routinely encounter at home. Risk management is an essential element of all the programs, events and activities offered. While the Mendon Parks Department anticipates that these efforts will ensure the wellbeing of each child, we are also aware that it is neither possible to foresee every contingency nor to eliminate all risk.

Other risks may be inherent in programs, events and activities sponsored, conducted, organized or provided by the Mendon Parks Department. We understand the nature of these programs, events and activities, as well as the child's experience and capabilities. I believe my child to be qualified, in good health, and in proper physical condition to participate in these programs, events and/or activities. We are aware of all risks of damage or injury associated with the child's participation in these programs, events and activities, all such risks being known and appreciated by us. I hereby agree on behalf of myself and my child to assume such risks (actual or inherent).

I understand and agree, on behalf of myself and my child, that my child shares the responsibility for safety during Mendon Parks Department programs, events and activities, and I personally assume that responsibility on behalf of myself and my child. I understand and agree that my child's participation in the Mendon Parks Department's programs, events and activities is completely voluntary, and that I have become familiar with the programs, events and activities in which my child may participate.

In consideration of my child being permitted to participate in these programs, events and activities, my child and I, on behalf of ourselves and our respective representatives, successors, agents, assigns and any person claiming by, under, through, or in concert with us, do hereby forever unconditionally, voluntarily, knowingly, and irrevocably release, acquit, discharge, agree not to sue, and agree to indemnify and hold harmless the Town of Mendon and the Mendon Parks Department and their past, present and future departments, boards, employees, officials, agencies, volunteers, representatives, successors, agents, and assigns, from and against any and all actions, claims, demands, damages, causes of action, losses, costs (including attorney fees), injuries, liabilities and obligations of every kind and description, both at law and in equity, known or unknown, anticipated or unanticipated, which I may now or hereafter have as the parent and/or legal guardian of my child or which my child has or hereafter may acquire, either before he/she or after he/she has reached his/her age of majority, against said releasees collectively or against any one or more of them, in any way arising out of, in connection with, or incident to, my child's participation in the Mendon Parks Department's programs, events and activities, wherever occurring, including, but not limited to, for any parental loss of consortium and/or for personal and/or emotional injury that my child may suffer.

**Consent for Medical Treatment of a Minor**

As parent or legal guardian of the above named child, I hereby give my consent for emergency medical care prescribed by a duly licensed Physician. This care may be given under whatever conditions are necessary to preserve life, limb or well-being of my dependent.

**Printed Name of Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

## Daily Snack and Lunch Options

**If your child has a food allergy please let us know!**

We may be able to offer alternative options to the ones listed below.

Nutritional information is available on request

**Lunch and Snack will be ordered in the mornings at drop off.**

### Morning Snack

You may send your child with a morning snack or we can provide one.  
Morning snack Items may include Fruit, Oreos®, Cheese-Its®, Crackers, Cookies, etc.

### Lunch Choices (Build-Your-Own) - \$5.00

| <u>Main Items</u>  | <u>Sides</u>   | <u>Drinks</u>  |
|--|--|--|
| <ul style="list-style-type: none"> <li>• Hamburger</li> <li>• Cheeseburger</li> <li>• Hot Dog</li> <li>• Corn Dog</li> <li>• Grilled Cheese</li> <li>• Peanut Butter &amp; Jelly</li> <li>• Peanut Butter &amp; Fluff</li> <li>• Ham &amp; Cheese</li> </ul> | <ul style="list-style-type: none"> <li>• Carrot Sticks</li> <li>• Cheese Stick</li> <li>• Apple Sauce</li> <li>• Apple</li> <li>• Yogurt</li> <li>• Regular Chips</li> <li>• Sour Cream &amp; Onion Chips</li> <li>• BBQ Chips</li> <li>• Doritos (Nacho Cheese)</li> <li>• Cheetos</li> </ul> | <ul style="list-style-type: none"> <li>• Water</li> <li>• Apple Juice</li> <li>• Gatorade (Red or Blue)</li> <li>• Pepsi</li> <li>• Diet Pepsi</li> <li>• Mountain Dew</li> <li>• Orange Soda</li> <li>• Root Beer</li> <li>• Sierra Mist</li> <li>• Ginger Ale</li> </ul> |

**On Field Trip days the following lunch combos are available:**

### Lunch Combos - \$5.00

#### Teddy Graham Bagged Lunch

*similar to "Bug Bite Lunch available at MURSD*

*(Teddy Graham® Crackers, Apple Sauce,  
Cheese Stick, Carrots, Ranch Dressing)*

#### PBJ / PBF / PB / Ham & Cheese Lunch

*(Sandwich, Side Item, Drink)*

### Afternoon Snack

Afternoon snack is included for every child.

#### Available choices:

| <u>SIDES</u>  | <u>DRINKS</u> | <u>ICE CREAM</u>   |
|---|---------------|--|
| <ul style="list-style-type: none"> <li>• Pretzel</li> <li>• Carrot Sticks</li> <li>• Cheese Stick</li> <li>• Apple Sauce</li> <li>• Apple</li> <li>• Yogurt</li> <li>• Regular Chips</li> <li>• SC&amp;O Chips</li> <li>• BBQ Chips</li> <li>• Doritos (Nacho Cheese)</li> <li>• Cheetos</li> </ul> | <b>OR</b>     | <ul style="list-style-type: none"> <li>• Water</li> <li>• Apple Juice</li> <li>• Gatorade (Red or Blue)</li> <li>• Pepsi</li> <li>• Diet Pepsi</li> <li>• Mountain Dew</li> <li>• Orange Soda</li> <li>• Root Beer</li> <li>• Sierra Mist</li> <li>• Ginger Ale</li> </ul> |
|   | <b>OR</b>     | <ul style="list-style-type: none"> <li>• Freeze Pops</li> <li>• Popsicle</li> <li>• Fudgsicle</li> <li>• Ice Cream Cup<br/><i>(Van or Choc.)</i></li> <li>• Ice Cream Sandwich</li> <li>• Slush (small)</li> </ul>   |