

Mendon Hike Challenge Registration & Log

To Register:

- 1. Please read the notes below and information on this application.
- 2. Sign up at https://www.mendonma.gov/parks-recreation/pages/trails-and-passive-recreation or pick up a packet at the Mendon Town Clerk's Office at 20 Main Street in Mendon, MA 01756.
- 3. Sign a Release Form through registering at the website or dropping one off to the Mendon Town Clerk's Office. Once your Release Form is received, you will be registered. Registration is required to participate.
- 4. Each hiker should fill out the MHC Log below as you enjoy the trails. When complete, write a short paragraph about your favorite hike (on the back of the MHC Log).
- 5. Once all the trails are completed, submit your completed MHC Log to the website or drop it off at the Town Clerk's Office at 20 Main Street, Mendon, MA.
- 6. Once your application is reviewed a patch and/or sticker will be mailed to you.

Notes:

- Please stay on the trails to protect the vegetation and wildlife habitat.
- Follow the Mendon Hike signs in black and white that are on the trails. On the MHC maps, follow the arrows that show the path of the trails.
- **Do not** swim in the Inman Pond. It is extremely muddy and there are water snakes. Just enjoy the beautiful view of the pond. If you lucky you might see ducks, geese, Great Blue Herons, beavers and more!
- Many of the trails are rocky and roots are exposed. Wear good hiking shoes and hike with care.
- There may be mosquitoes and ticks in the woods. Read this flier for tips on personal protection Tips Protection Against Ticks and Mosquitoes
- If you have any comments or suggestions about the trails as you are hiking, please email them
 to the Land Use Committee at landusecomm@mendonma.gov
- The times listed on each map are conservative. Length of time will depend on your skill level, weather, if you have young children with you etc.
- During deer hunting season, try to hike on Sundays when there is no hunting. If you hike on a day when there is hunting, wear a bright orange vest and/or hat when in the woods. For more information visit MA Hunting

MHC RECREATIONAL AND VOLUNTEERS ACTIVITIES CONSENT AND RELEASE FORM

I, the undersigned (insert name)	, do hereby consent to my	participation in				
voluntary or recreation programs of the Town of Mendon.						
I also agree to forever release the Town, and all their employees, agents, board members, volunteers and						
any and all individuals and organizations assisting or participating in any voluntary or recreation programs						
of the Town ("the Releasees") from any and all claims, rights of action and causes of action that may have						
arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or						
property damage resulting from my participation in the Town of Mendon voluntary activities or						
recreation programs.						
I also promise, to indemnify, defend, and hold harmless	the Releasees against any and all	legal claims and				
proceedings of any description that may have been asserted in the past, or may be asserted in the future,						
directly or indirectly, arising from personal injuries to myself or property damage resulting from						
participation in the Town of Mendon voluntary activities or recreation programs.						
I further affirm that I have read this Consent and Release Form and that I understand the contents of this						
Form. I understand that my participation is voluntary and that I am free to choose not to participate in said						
programs. By signing this Form, I affirm that I have decided to participate in the Town as a volunteer						
or in its recreation programs with full knowledge that the Releasees will not be liable to anyone for						
personal injuries and property damage that I may suffer in voluntary activities in the Town or recreation						
programs.						
Participant Signature:	Date:	Print Name				
- acceptant signature.	Dutc.	Thire realise.				
Parant or Cuardian Signature	Data	Duint Name				
Parent or Guardian Signature:		Print Name:				
If under 18, it is required that a parent or guardian must also sign.						



MENDON HIKE CHALLENGE LOG

Name: __

Address:	Address:						
Email and/or phone number:							
I would like a (check one): Patch Sticker Both							
Trail	Date	Companions/comments					
Hike 1							
"The Zoo Loop"							
Hike 2							
"Asylum Street East"							
Hike 3							
"Shirley's Trail"							
Hike 4							
"Cormier Woods Red and Blue							
Trails"							
Hike 5							
"Cormier Woods to Meadow							
Brook Woods"							
Hike 6							
"Wigwam Brook							
Cormier/Meadow Brook Woods							
Loop"							
Hike 7							
"Meadow Brook Uplands Trail"							
Hike 8							
"Caleb's Long Trail"							
Hike 9							
"Quissett East Short Trail"							

When complete, write a short paragraph about your favorite hike.

Please write a short pa	aragraph on your fa	nvorite hike:	